



Notes From the CRUSADER CAFÉ



WELCOME BACK, CRUSADERS!

We're excited to provide delicious, nutritious meals for our students and look forward to a **wonderful** school year!

LUNCH OPTIONS



Each day, students may choose the featured hot lunch entrée listed on the monthly menu posted in ezschoolapps.com.

In addition to the featured entrée, students may choose from the following daily options:



Breaded Chicken Patty



Spicy Chicken Patty



Grilled Chicken



Hot Dog



Seasoned Bake Potato



Salad Bar



PB&J Uncrustables®



Charcuterie Box



Charcuterie Box

A REIMBURSABLE LUNCH INCLUDES:



Students must select **at least one fruit or one vegetable** with their meal.

- ✓ One entrée
- ✓ Milk
- ✓ At least one fruit
- ✓ At least one vegetable



PRICE LIST

ITEM	PRICE
 Student Lunch	\$3.60
 Extra Entrée	\$1.90
 Adult Lunch	\$4.60
 Extra Milk	\$0.80



À la carte items range from \$0.75 to \$1.00 and may include bottled water, yogurt, cheese sticks, chips, popcorn, muffins, Welch's® Fruit Snacks, and jerky sticks.



Ice cream is available on Mondays for students in grades 2–8 for \$1.00 each.



All **à la carte** items meet USDA Smart Snacks in School nutrition standards and are whole grain-rich, lower in sodium, reduced in fat, and lower in sugar.



Free water is available daily to all students in the cafeteria.



LUNCH ACCOUNTS

Please make sure you have a parent account set up with EZ School Apps so you can track your child's purchases, add money to lunch accounts, and receive low-balance notifications.

Families may also send cash or checks through the school office.

Please maintain a positive balance on all lunch accounts throughout the school year.

We will be available to help families set up accounts during school registration on July 27.



VOLUNTEER OPPORTUNITY

Families may sign up to volunteer as lunch servers through the cafeteria webpage.

Each family will pay a \$50 cafeteria fee at the beginning of the year, and \$10 will be refunded to your child's lunch account each time you volunteer, up to five times.

Students love seeing their family members when they come through the lunch line!



FREE AND REDUCED LUNCH APPLICATIONS

Our cafeteria participates in the National School Lunch Program, which helps us provide a wide variety of meals the opportunity to apply for free or reduced-price lunches.

If you think your family may qualify, we encourage you to complete an application.

Thank You!

Thank you for trusting us to nourish our Crusaders every day! We are grateful to be a part of your child's school experience.



OUR LADY OF PERPETUAL HELP
CATHOLIC SCHOOL

Go Crusaders!